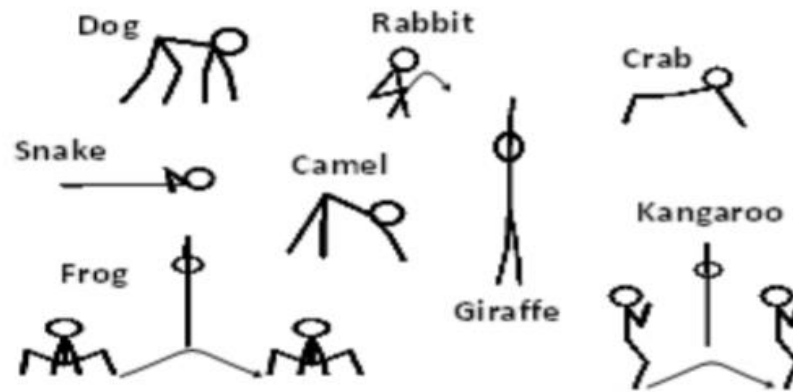


### how to set up:

- Mark out a large area with a maximum of 15 pupils. If space allows, create three good size areas with 5 pupils working in each area.

**Use all the space available and spread children out. Encourage pupils to be patient and independent.**



## STAY AWARE

### equipment:

- Cones

Cleanse thoroughly  
before & after use

### how to play:

- Children must move around their allocated areas.
- Teachers calls out the name of an animal, the children must then move like this animal does:
  - Rabbit – bunny hops.
  - Dog – on hands and feet.
  - Giraffe – stretched up tall on tiptoes.
- Progression: choose animals that move in more difficult ways (ask the children to help with this.)

### how to set up:

- Spread out different coloured cones around a large area.

**Use all the space available and spread children out. Encourage pupils to be patient and independent.**



### equipment:

- Marker cones
- Cones

**Cleanse thoroughly before & after use**

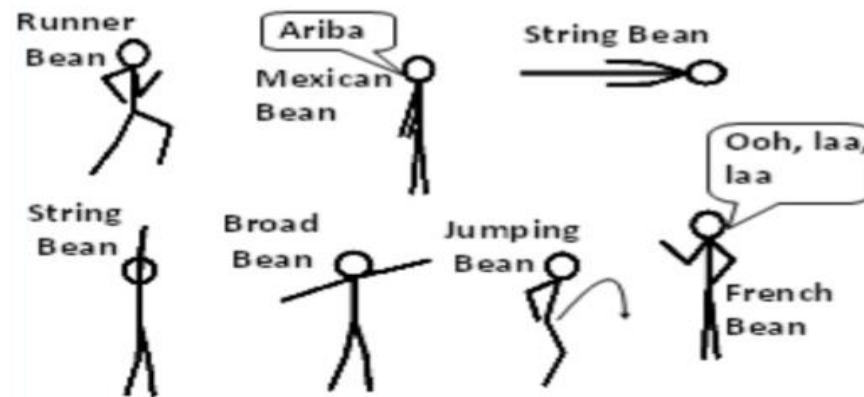
### how to play:

- Children travel around their areas avoiding the cones.
- When the teacher calls out a colour, the children must stand next to the cone and perform a jump over it whilst continuing to be on the move around the area.
- Continue to call out different colours for the children to react to.
- Progression: when a colour is called out the children must stay next to the colour of the cone that has been called out (children must be next the same cone as anyone else).

**how to set up:**

- Set out a large area and give each pupil a marker spot to stand on in a space.

**Use all the space available and spread children out. Encourage pupils to be patient and independent.**



# STAY AWARE

**equipment:**

- Cones
- Marker spots

**Cleanse thoroughly before & after use**

**how to play:**

- Children jog on their own marker spot.
- The teacher will introduce and demonstrate the different actions that go with the name of 'bean':
  - Runner bean: run – fast feet on their spot.
  - Jelly bean: wobble on the spot like jelly.
  - Jumping bean: jump up and down on their spot.
  - Broad bean: big wide shape.
  - String bean: narrow, tall shape.
  - French bean: hand on hip and say 'ooh laa laa'
  - Chilli bean: move feet quickly saying 'hot hot hot'.

### how to set up:

- Ask the children to spread out and find a space.

Use all the space available and spread children out. Encourage pupils to be patient and independent.



**STAY AWARE**

### equipment:

- Use cones to mark out the area.

Cleanse thoroughly before & after use

### how to play:

- ✓ Children find a space in the area and lay on the floor as still as possible.
- ✓ Explain to the children that when they are touched on the shoulder, they must go and line up ready to return to class.