## feeding the imagination

Monday

## **Bracknell Forest Council**

Autumn Menu 2020

Wednesday

Or a choice of Yoghurt & Fresh Fruit available daily

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Week One Commencing 31/08/2020 21/09/2020	Option 1	Homemade Macaroni Cheese & Garlic Slice	Cottage Pie with Gravy	Roast Chicken served with Roast Potatoes & Gravy	Plant Based Chicken Curry with 50/50 Rice	MSC Breaded Fish with Chips
	Option 2	Soya Bolognaise with Spaghetti	Shepherdess Pie with Gravy	Vegetable Wellington with Roast Potatoes & Gravy	Lentil & Sweet Potato Curry with 50/50 Rice	Homemade Vegetable Pasty with Chips
12/10/2020 09/11/2020 30/11/2020	Vegetables	Coleslaw Mixed Salad	Carrots Broccoli	Cabbage Carrots	Sweet Corn Green Beans	Baked Beans Peas
00, ==, =0=0	Dessert	Mixed Fruit Crumble with Cream	Lemon Drizzle Cake	Apple, Cheese & Biscuits	Chocolate & Orange Cake with Choc Sauce	Vanilla Shortbread 🔷
	roF	E	Or a choice	e of Yoghurt & Fresh Fruit avo	ailable daily	
Week Two Commencing 07/09/2020 28/09/2020 19/10/2020 16/11/2020 07/12/2020	Option 1	Mediterranean Vegetable Pasta Bake	Chicken Fajitas with 50/50 Rice	Roast Pork, Roast Potatoes & Gravy	Homemade BBQ Chicken Pasta	MSC Fish Fingers/ Salmon Fish Fingers with Chips
	Option 2	Vegetable Tagine with Couscous	Vegetable & Bean Fajitas with 50/50 Rice	Quorn Roast Fillet with Roast Potatoes & Gravy	Wholemeal French Bread Pizza with Baked Wedges	Vegan Mexican Roll with Chips
	Vegetables	Sweet Corn Broccoli	Roasted Vegetables	Carrots Beans	Green Salad Crudités	Baked Beans Peas
	Dessert	Chocolate & Beetroot Brownie	Apple Sponge & Custard	Carrot & Courgette Cake	Iced Sponge	Spanish Cookie
			Or a choice	e of Yoghurt & Fresh Fruit av	ailable daily	
Week Three Commencing 14/09/2020 05/10/2020 02/11/2020 23/11/2020 14/12/2020	Option Monday	Cheese & Tomato Pizza with Baked Wedges	Homemade Jollof Rice with Chicken	Roast Turkey, Roast Potatoes & Gravy	Plant Based Beef Lasagne with Garlic Slice	MSC Fish in Batter with Chips
	Option 2	Vegetable Risotto	Cheese Tomato & Vegetable Pasta	Lentil & Tomato Whirl with Roast Potatoes	Soya Mince Lasagne with Garlic Bread	Cheese & Potato Wheel with Chips
	Vegetables	Sweet Corn Peas	Carrot Sticks Green Beans	Carrot Cabbage	Broccoli Sweet Corn	Baked Beans Peas
	Dessert	Banana Chocolate Oaty Square	Marble Cake & Custard	Fruit & Ice Cream	Orange Drizzle Cake	Apple & Raisin Flapjack

**Tuesday** 

Added Plant Power

Vegan

Friday

Wholemeal

#### **Available** Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised) - Bread freshly baked on site daily - Daily salad

#### ALLERGY **INFORMATION:**

selection

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.





### Bracknell Forest Council Packed Lunch Autumn Menu 2020



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		Monday	Tuesday	Wednesday	Thursday	Friday
	Week 1 31/08/2020	Cheese Salad Sandwich Or Tuna Salad Sandwich	Tuna & Sweet Corn Wrap Or Cheese & Cucumber Wrap	Cheese & Tomato Baguette Or Ham & Tomato Baguette	Ham & Tomato Wrap Or Cheese & Cucumber Wrap	Cheese & Tomato Sandwich Or Ham sandwich
	21/09/2020 12/10/2020	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks
	09/11/2020	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	30/11/2020	Vanilla Shortbread	Lemon Drizzle Cake	Apple and Raisin Flapjack	Chocolate and Orange Cake	Vanilla Shortbread
	07/09/2020 28/09/2020 19/10/2020 16/11/2020 07/12/2020	Tuna Salad Sandwich Or Cheese Sandwich	Ham Sandwich Or Cheese & Tomato Sandwich	Ham Wrap Or Cheese & Cumber Wrap	Tuna Sandwich Or Cheese Baguette	Cheese Salad Sandwich Or Ham Sandwich
		Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks
		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
		Chocolate and Beetroot Brownie	Vanilla Shortbread	Carrot and Courgette Bake	Iced Sponge	Spanish Cookie
	Week 3  14/09/2020 05/10/2020 02/11/2020	Ham Salad Sandwich Or Cheese Salad Sandwich	Tuna Sweet Corn Baguette Or Cheese Salad Baguette	Egg Mayonnaise & Tomato Sandwich Or Ham Sandwich	Ham Baguette Or Cheese Baguette	Cheese Salad Sandwich Or Ham Sandwich
		Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks
	23/11/2020	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	14/12/2020	Banana and Chocolate Oaty Square	Marble Cake	Vanilla Shortbread	Orange Drizzle Cake	Apple and Raisin Flapjack



### Bracknell Forest Council Hot Packed Lunch Autumn Menu 2020



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	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Hot Dog Or Tuna Salad Sandwich	Margherita Pizza Or Cheese & Cucumber Wrap	Lentil & Tomato Whirl Or Ham & Tomato Baguette	Vegan Mexican Roll Or Cheese & Cucumber Wrap	Fish Fingers & Chips Or Cheese Sandwich
31/08/2020 21/09/2020	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks
12/10/2020 09/11/2020	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
30/11/2020	Vanilla Shortbread	Lemon Drizzle Cake	Apple and Raisin Flapjack	Chocolate and Orange Cake	Vanilla Shortbread
Week 2  07/09/2020 28/09/2020 19/10/2020 16/11/2020 07/12/2020	Cheese & Ham Puff Or Cheese Sandwich	French Bread Pizza Or Cheese & Tomato Sandwich	Roasted Vegetable Pasta Pot Or Cheese & Cumber Wrap	Burger in a Bun Or Cheese Baguette	Fish Fingers & Chips Or Ham Sandwich
	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Chocolate and Beetroot Brownie	Vanilla Shortbread	Carrot and Courgette Bake	Iced Sponge	Spanish Cookie
Week 3	Quorn Burger Or Ham Salad Sandwich	Margherita Pizza Or Cheese Salad Baguette	Vegetable Pasty Or Ham Sandwich	Pasta pot with Cheese and Tomato Or Cheese Baguette	Fish Fingers & Chips Or Ham Sandwich
14/09/2020 05/10/2020	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks
02/11/2020 23/11/2020	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
14/12/2020	Banana and Chocolate Oaty Square	Marble Cake	Vanilla Shortbread	Orange Drizzle Cake	Apple and Raisin Flapjack

# feeding the imagination

Monday

### **Bracknell Forest Council Autumn Menu 2020** Egg Free

Wednesday

**Thursday** 

Tuesday



Friday









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	Contract Contract	Monay			THE PERSON NAMED IN COLUMN TWO IS NOT THE OWNER.	
Week One Commencing 31/08/2020 21/09/2020	Option 1	Homemade Macaroni Cheese	Cottage Pie with Gravy	Roast Chicken served with Roast Potatoes & Gravy	Plant Based Chicken Curry with 50/50 Rice	MSC Breaded Fish with Chips
	Option 2	Soya Bolognaise with Spaghetti	Shepherdess Pie with Gravy	Vegetable Wellington with Roast Potatoes & Gravy	Lentil & Sweet Potato Curry with 50/50 Rice	Homemade Vegetable Pasty with Chips
12/10/2020 09/11/2020 30/11/2020	Vegetables	Mixed Salad	Carrots Broccoli	Cabbage Carrots	Sweet Corn Green Beans	Baked Beans Peas
23, 22, 222	Dessert	Mixed Fruit Crumble with Cream	Fresh Fruit	Apple, Cheese & Biscuits	Fresh Fruit	Vanilla Shortbread
	-05	1	Or a choice	e of Yoghurt & Fresh Fruit avo	ailable daily	
Week Two Commencing 07/09/2020 28/09/2020 19/10/2020 16/11/2020 07/12/2020	Option 1	Mediterranean Vegetable Pasta Bake	Chicken Fajitas with 50/50 Rice	Roast Pork, Roast Potatoes & Gravy	Homemade BBQ Chicken Pasta	MSC Fish Fingers/ Salmon Fish Fingers with Chips
	Option 2	Vegetable Tagine with Couscous	Vegetable & Bean Fajitas with 50/50 Rice	Jacket Potato with a choice of fillings	Jacket Potato with a choice of fillings	Vegan Mexican Roll with Chips
	Vegetables	Sweet Corn Broccoli	Roasted Vegetables	Carrots Beans	Green Salad Crudités	Baked Beans Peas
	Dessert	Fresh Fruit	Fresh Fruit Platter	Fresh Fruit	Fresh Fruit Platter	Spanish Cookie
			Or a choice	e of Yoghurt & Fresh Fruit avo	ailable daily	
Week Three Commencing 14/09/2020 05/10/2020 02/11/2020 23/11/2020 14/12/2020	Option MATTREE	Jacket Potato with a choice of fillings	Homemade Jollof Rice with Chicken	Roast Turkey, Roast Potatoes & Gravy	Plant Based Beef Lasagne	MSC Fish in Batter with Chips
	Option 2	Vegetable Risotto	Cheese Tomato & Vegetable Pasta	Lentil & Tomato Whirl with Roast Potatoes	Soya Mince Lasagne	Cheese & Potato Wheel with Chips
	Vegetables	Sweet Corn Peas	Carrot Sticks Green Beans	Carrot Cabbage	Broccoli Sweet Corn	Baked Beans Peas
	Dessert	Banana Chocolate Oaty Square	Fresh Fruit Platter	Fruit & Ice Cream	Fresh Fruit Platter	Apple & Raisin Flapjack
			Or a choice	e of Yoghurt & Fresh Fruit avo	ailable daily	

**INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to

completely remove the risk of

contamination.

**ALLERGY** 

### cater feeding the imagination

Week One Commencing 31/08/2020 21/09/2020

12/10/2020 09/11/2020

30/11/2020





MSC Fish Fingers

with Chips

Vegan Mexican Roll

with Chips

Baked Beans

Peas

Spanish

Cookie

MSC Fish in Batter

with Chips

**Bracknell** 

Added Plant Power

Vegan



	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Jacket Potato with a choice of filling	Cottage Pie with Gravy	Roast Chicken served with Roast Potatoes & Gravy	Plant Based Chicken Curry with 50/50 Rice NO YOGHURT	MSC Breaded Fish with Chips
Option 2	Soya Bolognaise with Spaghetti	Shepherdess Pie with Gravy	Vegetable Wellington with Roast Potatoes & Gravy	Lentil & Sweet Potato Curry with 50/50 Rice	Homemade Vegetable Pasty with Chips
Vegetables	Coleslaw Mixed Salad	Carrots Broccoli	Cabbage Carrots	Sweet Corn Green Beans	Baked Beans Peas
Dessert	Mixed Fruit Crumble	Lemon Drizzle Cake	Fresh Fruit	Chocolate & Orange Cake	Vanilla Shortbread 🔷

Roast Pork, Roast

Potatoes & Gravv

Jacket Potato with a

choice of fillings

Carrots

Beans

Carrot & Courgette

Cake

Week Two
Commencing
07/09/2020
28/09/2020
19/10/2020
16/11/2020
07/12/2020

Option 2	Vegetable Tagine with Couscous
Vegetables	Sweet Corn

Option 1

Dessert

Option 1

Option 2

Dessert

Mediterranean

Vegetable Pasta Bake

- NO CHEESE

Brownie

acket Potato with a

choice of filling

Vegetable

Risotto

Oaty Square

with Couscous	Fajitas with 50/50 Rice
Sweet Corn Broccoli	Roasted Vegetables
Chocolate & Beetroot	Apple Sponge

Homemade Jollof Rice with Chicken
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Chicken Fajitas with

50/50 Rice

Vegetable & Bean

Tomato & Vegetable Pasta NO CHEESE	Lentil & Tomato Wh with Roast Potatoe
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Roast Turkey, Roast Potatoes & Gravy	Plant Based Beef Bolognaise		
	<b>S</b>		
Lentil & Tomato Whirl with Roast Potatoes	Soya Mince Bolognaise		

Homemade BBQ

Chicken Pasta

NO CHEESE

Jacket Potato with a

choice of fillings

Green Salad

Crudités

Iced

Sponge

Jacket Potato with a choice of filling
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Baked Beans Peas							
Annle & Paisin							

please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance vou will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of contamination.

**ALLERGY** INFORMATION:

If your child has

an allergy or

intolerance

**Week Three** Commencing 14/09/2020 05/10/2020 02/11/2020 23/11/2020 14/12/2020

Sweet Corn Vegetables Peas Banana Chocolate

Carrot Sticks Green Beans

Marble Cake

Cabbage Fresh Fruit

Carrot

Sweet Corn Orange Drizzle Cake

Broccoli

Apple & Raisin Flapjack

# feeding the imagination

Monday

#### **Bracknell Forest Council** Autumn Menu 2020 - NGCI

Wednesday

Or a choice of Yoghurt & Fresh Fruit available daily

**Thursday** 





Friday







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Week One Commencing 31/08/2020 21/09/2020 12/10/2020 09/11/2020 30/11/2020	Option 1	Homemade NGCI Macaroni Cheese	Cottage Pie With NGCI Gravy	Roast Chicken served with Roast Potatoes & NGCI Gravy	Plant Based Chicken Curry with 50/50 Rice	MSC Bubble Fish with Chips	
	Option 2	Soya Bolognaise with NGCI Spaghetti	Shepherdess Pie with Gravy		Lentil & Sweet Potato Curry with 50/50 Rice	~	
	Vegetables	Coleslaw Mixed Salad	Carrots Broccoli	Cabbage Carrots	Sweet Corn Green Beans	Baked Beans Peas	
	Dessert	Mixed Fruit NGCI Crumble with Cream	NGCI Lemon Drizzle Cake	Fruit Platter	NGCI Chocolate & Orange Cake	NGCI Vanilla Shortbread	
		Or a choice of Yoghurt & Fresh Fruit available daily					
Option 1  Week Two Commencing 07/09/2020 28/09/2020 19/10/2020 16/11/2020 07/12/2020 Dessert	Mediterranean NGCI Vegetable Pasta Bake	Chicken Mix with 50/50 Rice	Roast Pork, Roast Potatoes & NGCI Gravy	Homemade BBQ Chicken Pasta	MSC Bubble Fish with Chips		
	Option 2	Vegetable Tagine with Couscous	Vegetable & Bean Mix with 50/50 Rice	Quorn Roast Fillet with Roast Potatoes & NGCI Gravy	NGCI Pizza with Baked Wedges	~	
	Vegetables	Sweet Corn Broccoli	Roasted Vegetables	Carrots Beans	Green Salad Crudités	Baked Beans Peas	
	Dessert	NGCI Chocolate & Beetroot Brownie	NGCI Apple Sponge & Custard	NGCI Carrot & Courgette Cake	NGCI Iced Sponge	NGCI Spanish Cookie	
	- NF	Or a choice of Yoghurt & Fresh Fruit available daily					
Week Three Commencing 14/09/2020 05/10/2020 02/11/2020 23/11/2020 14/12/2020	Option 1	Cheese & Tomato NGCI Pizza with Baked Wedges	Homemade Jollof Rice with Chicken	Roast Turkey, Roast Potatoes & NGCI Gravy	Plant Based Beef Bolognaise with NGCI Pasta	MSC Bubble Fish with Chips	
	Option 2	Vegetable Risotto	Cheese Tomato & Vegetable NGCI Pasta	Jacket Potato with a choice of fillings	Soya Mince Bolognaise with NGCI Pasta	Jacket Potato with a choice of fillings	
	Vegetables	Sweet Corn Peas	Carrot Sticks Green Beans	Carrot Cabbage	Broccoli Sweet Corn	Baked Beans Peas	
	Dessert	Fresh Fruit Platter	NGCI Marble Cake	Fruit & Ice Cream	NGCI Orange Drizzle Cake	Fresh Fruit	

Tuesday

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