

Week Three Menu

Served weeks commencing:
17 Nov, 8 Dec, 12 Jan, 2 Feb



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese, Tomato & Ham Pizza Served with Roasted Potato Wedges Mixed Garden Salad Coleslaw	Mexican Chicken & Rice Served with Warm Baguette Garden Peas Broccoli	Roast Gammon Served with Gravy, and Mashed Potato Carrots Green Beans	Pasta Bolognese Served with Bread, Sweetcorn Broccoli	Battered Fish Fillet or Fish Fingers Served with Chips Peas Baked Beans Ketchup
VEGETARIAN	Mixed Bean Fajita (V) Served with Roasted Potato Wedges, Mixed Garden Salad Coleslaw	Chickpea & Sweet Potato Curry (V) Served with Fluffy Rice Garden Peas Broccoli	Roast Quorn Fillet with Gravy (V) Served with Mashed Potato, Carrots Green Beans	Vegetarian Pasta Bolognese (V) Served with Bread Sweetcorn Broccoli	Vegetable Fingers served with Chips Peas Baked Bean Ketchup
JACKET POTATO / PASTA DISH	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of filling Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of filling Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce
SANDWICH	White Bread Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise	Wrap with your choice of Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise	Baguette with your choice of Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise	White Bread Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise	Wrap with your choice of Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise
DESSERTS	Shortbread	Chocolate Sponge with Custard	Banana Home Bake	Chocolate Cookie	Famous Fruity Friday

AVAILABLE DAILY:

Choice of Bread, Fresh Salad Bar, Water, Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

