## Week Three Menu

Served weeks commencing: 16<sup>th</sup> June , 7<sup>th</sup> July , 15<sup>th</sup> September ,6<sup>th</sup> October



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Ham, Cheese and Tomato Pizza with Diced Potatoes Peas Sweetcorn	<b>Cottage Pie</b> Carrots Cabbage	Roast Chicken with Gravy served with Roast Potatoes Carrots Broccoli	Sausage and Tomato Pasta served with warm baguette slice Green Beans Sweetcorn	<b>Fish Fingers</b> served with Chips Peas Baked Beans Ketchup
VEGETARIAN	Cheese and Tomato Pizza with Diced Potatoes Peas Sweetcorn	Vegetarian Mince Cottage Pie Carrots Cabbage	Vegan Quorn Fillet with Gravy and Roast Potatoes Carrots Broccoli	Roasted Vegetable Frittata served with warm baguette slice Green Beans Sweetcorn	Vegetable Fingers served with chips Peas Baked Beans Ketchup
JACKET POTATO / PASTA DISH	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of filling Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce	Jacket Potato with a choice of filling Tuna Mayonnaise Cheddar Cheese Baked Beans	Pasta with Tomato and Basil Sauce
SANDWICH	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise	Wrap with your choice of Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise	Baguette with your choice of Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise	Sandwich with your choice of Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise	Wrap with your choice of Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise
DESSERTS	<b>Chocolate Sponge</b> served with Custard	Oat and Cinnamon Cookie	Banana Muffin	Chocolate and Orange Shortbread served with Apple Slices	Fruity Friday

## AVAILABLE DAILY:

Choice of Bread, Fresh Salad Bar, Water, Fresh Fruit, Fruit Yoghurt and Fruit Jelly.