

# Week Three Menu

Served weeks commencing:  
15<sup>th</sup> September, 6<sup>th</sup> October



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	<b>Ham, Cheese and Tomato Pizza with Diced Potatoes</b>  Peas Sweetcorn	<b>Cottage Pie</b>  Carrots Cabbage	<b>Roast Chicken with Gravy served with Roast Potatoes</b>  Carrots Broccoli	<b>Sausage and Tomato Pasta served with warm baguette slice</b>  Green Beans Sweetcorn	<b>Fish Fingers served with Chips</b>  Peas Baked Beans Ketchup
VEGETARIAN	<b>Cheese and Tomato Pizza with Diced Potatoes</b>  Peas Sweetcorn	<b>Vegetarian Mince Cottage Pie</b>  Carrots Cabbage	<b>Vegan Quorn Fillet with Gravy and Roast Potatoes</b>  Carrots Broccoli	<b>Roasted Vegetable Frittata served with warm baguette slice</b>  Green Beans Sweetcorn	<b>Vegetable Fingers served with chips</b>  Peas Baked Beans Ketchup
JACKET POTATO / PASTA DISH	<b>Pasta with Tomato and Basil Sauce</b>	<b>Jacket Potato with a choice of filling</b>  <b>Tuna Mayonnaise Cheddar Cheese Baked Beans</b>	<b>Pasta with Tomato and Basil Sauce</b>	<b>Jacket Potato with a choice of filling</b>  <b>Tuna Mayonnaise Cheddar Cheese Baked Beans</b>	<b>Pasta with Tomato and Basil Sauce</b>
SANDWICH	<b>Sandwich with your choice of</b>  <b>Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise</b>	<b>Wrap with your choice of</b>  <b>Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise</b>	<b>Baguette with your choice of</b>  <b>Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise</b>	<b>Sandwich with your choice of</b>  <b>Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise</b>	<b>Wrap with your choice of</b>  <b>Tuna Mayonnaise Cheddar Cheese Ham Egg Mayonnaise</b>
DESSERTS	<b>Chocolate Sponge served with Custard</b>	<b>Oat and Cinnamon Cookie</b>	<b>Banana Muffin</b>	<b>Chocolate and Orange Shortbread served with Apple Slices</b>	<b>Fruity Friday</b>

## AVAILABLE DAILY:

Choice of Bread, Fresh Salad Bar, Water, Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

