

Bracknell Forest Educational Psychology Service

Parent / Carer Telephone Consultation Sessions - Overview

As a result of the current situation, social distancing, self-isolation and reduced access to schools / settings are a challenge the whole community are dealing with. Bracknell Forest EPS are implementing a new initiative, offering parent / carer telephone consultation sessions to increase access to professionals during this uncertain time.

Parent / Carer Telephone Consultation Sessions are for parents / carers of Bracknell Forest children and young people (0-25) to share and explore any concerns or issues, with an Educational Psychologist (EP). It is a stand-alone session, so this means that there is no follow-up beyond the 30 minute telephone consultation. The aim of this session is to provide parents / carers with an opportunity to discuss concerns and collectively think through how to move forward with the situation.

The sessions are completely free (no cost)

- Priority will be given to those who have not accessed a previous EP Telephone Consultation Session on a first come, first served basis.
- This is a consultation session for **parents / carers only**.
- A record of consultation that outlines the key discussion points and outcomes will be completed following the session. This record will be sent to the parent / carer and also stored by Bracknell Forest EPS.

For booking details see the next page, complete the table and send to the EPS email address provided. Bookings can only be taken via email and following receipt of a completed booking form (below).

What is an EP? Who are Bracknell Forest EPS?

EPs can help with a wide range of issues which could include: learning, relationships, emotional well-being, behaviour and communication. EPs work in a wide variety of ways and can offer children, young people, their families and their teachers strategies and advice to help on a range of issues. This depends very much on what is causing concern, and what sort of information is already available. The aim is to get a clearer picture of how to help your child make progress.

During a parent consultation your knowledge and experience of your child will guide us in thinking about ways forward for meeting their needs. The psychologist may want to find out about some of these things from your perspective: the key issues for your child, your child's strengths and needs, and any sort of help that you've been able to offer your child. You may find it helpful to jot down or collect information to take to the meeting or to make a note of any questions that you want to ask. You can also make notes during the meeting if you wish.

For more information on Bracknell Educational Psychology Service, please visit our Local Offer webpage via the following link: [Bracknell Forest EPS](#)

PARENT / CARER CONSULTATION SESSIONS WITH AN EP

Bracknell Forest Educational Psychology Service

Below is an overview of the next cycle of Parent / Carer Telephone Consultation Sessions with an Educational Psychologist (June 8th to July 2nd 2020):

*Each session is scheduled for 30 minutes – dates and timeslots offered are indicated in tables below:

Green slots indicate session availability:

Sessions available from Monday 8th June to Thurs 2nd July (40 sessions available to book)

June / July 2020	9:15 – 9:45am	10am – 10:30am	1:15pm- 1:45pm	2pm – 2:30pm
Mon 8 th 15 th , 22 nd , 29 th (June)	No sessions available			
Tue 9 th , 16 th , 23 rd , 30 th (June)			No sessions available	
Wed 10 th , 17 th , 24 th (June) 1 st (July)				
Thurs 11 th , 17 th , 25 th (June) 2 nd (July)	No Sessions available			

To book a parent / carer phone consultation with an EP, please complete the following table and send to Educational.Psychology-Service2@bracknell-forest.gov.uk – please write '**PCEPX**' in the email subject line to indicate it is a parent consultation booking request.

Child / Young Person's Name:				Child DOB:		
Name of person referring/ relationship to child						
Mobile telephone number:			Email address			
Summary of item / issue you would like to discuss with an EP						
Preferences – session requested (date / time)	1 st preference		2 nd preference		3 rd preference	
<i>I consent to sharing my contact details with Bracknell Forest EPS as part of the telephone consultation process. Once a session has been agreed and confirmed I agree to an EP from Bracknell Forest contacting me on the details I provided above to discuss the issue / item I want to explore.</i>						
Signed:				Date:		

*Please try to provide three preferences / options, as this will increase the likelihood of accessing a consultation session.