

Weekly Update

#### Friday 22<sup>nd</sup> April

#### **Updates This Week**

#### Welcome Back!

I hope you and your families all had a relaxing Easter break. It was lovely to welcome all the children back into school this week. I'd like to take this opportunity to share with you a few reminders for the start of term.

#### **Summer Safety**

As we approach the warmer weather, can I remind you of the importance of sun safety for children in school. We recommend the following:

• Apply sunscreen to your child in the morning before they come to school if you feel it appropriate. School staff will not be responsible for applying sunscreen to children.



- Make sure that children have a sensible named sun hat in school. These will be worn at break and lunchtimes and during PE when appropriate.
- Please make sure your child brings in a named water bottle every day.

Additionally, please do not send in sunglasses with your child, as they are easily lost or broken. Further guidance on Sun Safety can be found on our website <u>Key Policies</u> page.



#### **Ordering School Lunches**

If your child has a school lunch, please make sure that these are ordered online at home in advance. You can order several weeks at a time and by doing it at home, you can discuss the meal options with your child to make sure they are happy with the meals chosen for them. If you need a letter to activate your

child's lunch account, or have any questions about school lunches, please get in touch with the school office for assistance.

#### **Emails and Texts from School**

If your phone number or email address changes, please do make sure that you inform the school office so we can update our records. We regularly send out emails and, when necessary, text messages so it is vital that the information we hold for you is correct so that you don't miss out on important communication. If you need to update your contact information, please email the school office.



Wishing you all a lovely weekend.

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Richard Ferris Headteacher

> Thinking and Learning Together Achieving Forever



## Thursdays, 10 Feb; 17 Mar; 28 Apr; 12 May; 23 Jun; 7 Jul 2022

#### Community Parent/Carer Support Group, Bracknell.

A support group for family members who have children/young people with additional needs living within the Community of Bracknell.

A safe and supportive space for sharing experiences and gaining support with the unique challenges faced by families of children with additional needs.

Each session will include a half hour talk about being a parent of a child with additional needs. The remainder of the session will be for discussion of the topic and social support time.

Topic: TBC.

DATE & TIME See above for dates 12.30pm-2.30pm

#### VENUE

Great Hollands Community Centre, The Square, Great Hollands ,Bracknell RG12 8UX Hall 2

COST FREE (Refreshments provided)

BOOKING & INFORMATION Charlie Taylor

07810 689679 charlie@parentingspecialchildren.co.uk

Children welcome under parent supervision Supported by Berkshire Community Foundation



GEMS offers information and support to parents and carers of children with autism and ADHD within East Berkshire.

# Workshops & Courses...

### What's coming Up in April 2022

High Alert - When Anxiety Strikes Thurs 7th April at 10am to 12pm (Bracknell) What to do when worries take over. We take a look at what causes anxiety and some tried and tested strategies to tackle it.

#### NAS: Teen Life

Tues 26th April at 10am to 12.30pm (Slough) A course for parents and carers of children with autism aged between 10-16. Discussing strategies and sharing ideas about how to communicate with and support young people with autism.

#### NAS: Early Bird Plus

Wed 27th April at 10am to 12.30pm (Slough)

A course for parents and carers of children with autism aged 4-9.

The programme aims to promote joined up approaches between home and school for children with autism, by encouraging parent and carers to attend the sessions with others who are working regularly with their child.

#### **Girls and Autism**

Thurs 28th April at 10am to 12pm (Slough) A look at the behaviours and challenges that may be experienced by girls with autism.

To book onto any of the below workshops please contact GEMS on: 0800 999 1342 or gems.4health@nhs.net

