

Garden Games

Shuttle Runs

How to set up:

- ✓ Work as one team.
- ✓ Line up one behind the other.
- ✓ Place 5 small items in a line in front of the team.



How to Score:

✓ Time how long it takes the team to complete the activity.

How to play:

- ✓ The first person from the team runs out to collect the item closest to them. They place it next to their team, and then run to retrieve the next item.
- ✓ This continues until all items have been collected.
- ✓ The next runner must replace the items one at a time.
- ✓ Progression: place the items further apart to make the game harder.