

Balancing Act

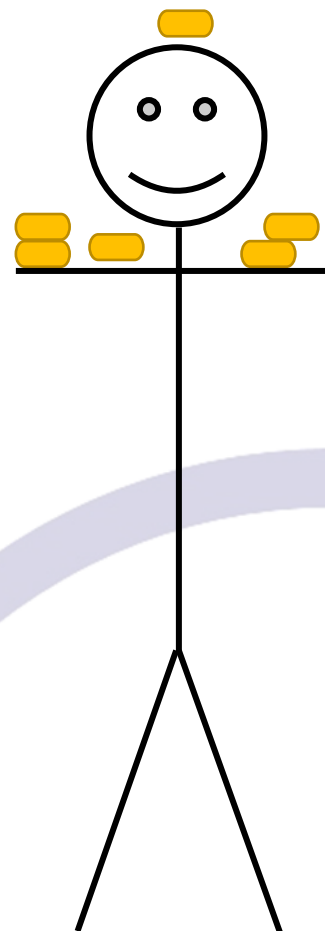
How to Play:

Playing in pairs:

- ✓ One player stands with their arms outstretched.
- ✓ The other player has 1 minute to safely balance as many items on the first player as possible.
- ✓ When the time is up, count how many items are balanced and then swap over. Who can balance the most items on their partner?
- ✓ To progress – difficult items can be worth more points.

Playing in teams (e.g. 2v2):

- ✓ One person from each team stands with their arms outstretched.
- ✓ The other players race to safely balance as many items as possible on their teammate.
- ✓ The team with the most items balanced, wins a point for the round.



Equipment:

- ✓ Socks, tea-towels, books, coat-hangers, toys, etc.

How to score:

- ✓ Award 1 point for each item balanced successfully. Or 1 point for easy items and 2 points for difficult items.
- ✓ The player with the most points wins.
- ✓ If an item falls off, it must not be counted.