

KS2 Volleyball Challenges

PARENTS/CARERS PLEASE MAKE SURE THERE IS NOTHING BREAKABLE AROUND

Now that you know and have practised how to Dig and Volley a Volleyball, why don't you try some of these?

1. Put a piece of paper on the floor. Can you Dig and/or Volley so it lands on that bit of paper? What happens if you move closer further away from it?
2. Put several bits of paper down on the floor. Decide how many points each piece is worth and write that on it. Whichever piece of paper the ball lands on, that is how any points you get. Play against brother/sister/parent and see who can get.....
 - The most points in a certain time.
 - The first one to get a set number of points.
 - Can you get a number of points exactly and not go over/stay under?

For a more challenging time.....

- Can you dig/volley the ball onto a certain part of a wall (please make sure yore not near anything breakable)
- Can you use your imagination to make a net? Adult help will be needed here. A washing line or string tied between two objects will do. Can you then volley/dig the ball over the net. If you stand up straight with one arm and fingers straight up in the air, the top of the net should be at the highest point of your finger-tips. If you're feeling very confident when you have the string/net up, can you use ideas number 1 and 2 above but getting the ball over the net first?
- How many times can you and a partner volley/dig the ball to each other before losing control of it?