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Dear Parent / Carer

Notification of a positive COVID-19 case

Today I have been advised that there is a confirmed case of COVID-19 in one of our Year 4 classes.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

Today we have closed the affected Year 4 class bubble and anyone who has been identified as a close contact with the individual who has tested positive for coronavirus (COVID-19), has already received a letter informing them of this fact and that they must now self-isolate for 10 days.

The school remains open and if you have not received an email informing you that your child should self-isolate then they should continue to attend as normal, if they are well and do not have any Covid-19 symptoms.

I am immensely proud of the way our community continues to respond to this pandemic and as a school we are doing all we can to tackle this emergency. Thank you for your ongoing support.

I have again added important information about COVID-19 below, please take the time to read this and follow the guidance should any of it apply to you or your household. I must stress how important it is to follow this guidance, if you are unsure about any of it, please do not hesitate to contact us.

Yours sincerely

Mr Richard Ferris Headteacher

Guidance for Families

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for a PCR test (the normally available test type) and this can be arranged via <u>https://www.nhs.uk/ask-for-a-coronavirus-test</u> or by calling 119.

Please remember to inform the school immediately if your child tests positive with a PCR test. Via GHPSOffice@maidenerleghtrust.org or by calling 01344 424911.

All other household members who remain well, must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <u>https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection</u>

The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <u>https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</u>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <u>https://111.nhs.uk/</u> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do:

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/