

Weekly Update

Friday 14th October

Fantastic FRED at GHPS

As part of our ongoing Personal Development work with our children, all pupils in Years 1-6 participated in a free mental health workshop entitled the Fantastic FRED Experience. Launched by the NHS in 2019, Fantastic FRED is specifically designed to inform, equip and build resilience by delivering simple, memorable and practical ways that young children can look after their mental health as well as explaining the link

between physical and mental health.

FR FR

The children had a lot of laughs learning about the different ways to keep our minds healthy through exercise, eating the right foods and minimising our device time. They even saved Fred from a dangerous Internet Troll! If you would like to learn

more about the visit, there is a video from the Fantastic FRED experience via this link: What did Fred Talk About?

Coming up next week...

The children in Reception (Butterflies) class will have their Harvest performance on Thursday 20th for their parents to come and watch. Butterflies' parents will have a letter sent home very soon to book their seats.

Don't forget - the final day of this half term is Friday 21st October and school will finish at the usual time of 3.15pm. We return to school on 31st October at the normal time.

Wishing you all a lovely weekend.



Richard Ferris Headteacher



Attendance Stars

Classes with the highest attendance this week:

1st Place – Leopards (97.9%)

2nd Place – Tigers (97.7%)

3rd Place – Hedgehogs (97.5%)



House Points Winner This Week

The house points have been totalled up and the winning house this week is **RUBY** with 240 house points. Well done to all in Ruby House – GREAT work!

Message from the FROGS!

Thank you to everyone who came along to our meeting yesterday in Gold Hall. We're really excited to restart our fundraising efforts for our amazing school, but can only do it with help from you!

If you want to get in touch with the FROGS directly, our email address is frogspta@gmail.com



We'd love to hear from you!

Summer Reading Challenge - Gadgeteers

This week we were delighted to give out the certificates for those children who completed the Summer Reading Challenge 2022. We'd like to say a big well done to **Rithvick**, **Rufus**, **Jessica**, **Layla**, **Nitya**, **Riyaa**, **Zac**, **Arthur**, **Polina**, **Chloe**, **Ellie**, **Gabriel**, **Grace**, **Joseph**, **Liam**, **Ruby**, **Ben**, **Mary**, **Riley** and **Taylor**. GREAT reading everyone!

Healthy Lunches and Snacks

At Great Hollands we recognise the importance of healthy eating and would like to remind you of the following rules for snacks and lunches in school.

- Please no nuts or foods containing nuts.
- If you send in a breaktime snack with your child, please choose a fruit option.
- Fizzy drinks and sweets are not allowed in school, this includes in lunchboxes. Please do not send them in with your child.

There are some fantastic ideas on the NHS Healthier Families website. We hope you find the links below useful:



<u>Healthier Food Swaps for every Meal – NHS Healthier Families</u> <u>Lunchbox Ideas and Recipes – NHS Healthier Families</u>

Important Reminders

Please can we mention the following reminders so that together we can keep our standards high and our school running smoothly.

- Please keep your children walking with you on the school site and do not let them play on the equipment.
- Please remove earrings on PE days or tape over recent piercings simple stud earrings only.
- Hair accessories should be simple and blue or white, this helps reduce transmission of headlice
- During colder weather, please make sure your child has a suitable winter coat in school.
- Don't forget children can wear a tracksuit on top of their PE kit during the winter months. Full details of our uniform can be found on our website.

Parking at pick up and drop off

Please do continue to be mindful of our neighbours and do not park your car in Cunworth Court or any other residential area when coming to our school.

It causes unnecessary upset for people living nearby when parents of our pupils' park in residents' bays and block access for them. We are very fortunate to have two large public car parks very close to our school, please use these and not the residential car parks. Thank you!

Bracknell Parent Carer Forum

The latest edition of the BPCF Bugle Newsletter is out now and available to view on this link:

BPCF Bugle – Issue 6

Calling all our GREAT Creative Superstars!

We know it's only October, but we couldn't wait to share these brilliant competitions with you all. Our pupils have done fantastically well in the past and we're sure their entries will be GREAT again this year - good luck everyone!



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THE LEXICON'S ANNUAL CHRISTMAS ART COMPETITION

With Christmas fast approaching, The Lexicon has today launched its annual Christmas art competition which has been running for the past five years! The competition offers local children aged 3-12 years a unique chance to be part of the town centre's Christmas activity.

Children can get involved by creating and decorating a Christmas Snowflake design, using crayons, felt-tip pens, paints or even a computer, using the templates provided.

Although we appreciate that snowflakes are white, for this competition we are looking for brightly coloured snowflakes – **in fact the brighter the better.** The design (there is a choice of four snowflake templates) must be the child's own work and should be something that will appeal to all age groups.

The winning designs will form part of a Christmas Snowflake Trail, located in retailer windows in the town centre.

- The overall winner will receive a gift voucher the value of £50 and a Giotto Stilnovo pen and pencil box of 90.
- The runner-up will receive a gift voucher to the value of £25 voucher and a Giotto Stilnovo pen and pencil box of 90.
- In addition, both winners will also receive Giotto art products worth £200 for their school.
- Eight other shortlisted winners will also receive a gift voucher worth £10 each.

Closing date for entries is Sunday, November 13 2022.



Event dates

Between 12 Oct 2022 - 13 Nov 2022



MAIDEN ERLEGH

Wordsworth, Bracknell, Berkshire RG12 8YR

GHPSoffice@maidenerleghtrust.org





Information for parents and carers



Come Talk to us About your 5-18yr Child's Vaccines!



√ To Talk

- √ To Vaccinate
- √ To Give Consent
 √ Child Friendly Environment
 - √ Translation Services Available

At South Hill Park Arts Centre, RG12 7PA On 19/10/22 Other locations to come...

cypf.berkshirehealthcare.nhs.uk