

## This week's news...

Swimming lessons have now ended for Key Stage 2 children and we'd like to extend a big thank you to all our parents and carers for making sure the children had their kit in school every day, helping to make everything run smoothly.

Again, thank you for paying your contribution to these lessons, without it we would not be able to offer the intensive sessions. Any sessions missed due to school / pool closures will be refunded to your ParentPay account .



## Parent Survey now live!

Have you completed our Parent Survey yet? If not, please can you take a few minutes to do so. It provides us with valuable feedback on what is working well at the school along with identifying areas we will develop in the coming years. The survey will close on Friday 10<sup>th</sup> March. The letter containing full details and the link for the survey can be found here: [Parent Letters > Whole School Letters > Parent Survey Letter](#). Currently we are the highest rated school in our Trust – we want to remain the best but we can only do so with your input !



## Red Nose Day 2023

This year we will be taking part in Red Nose Day by having a non-uniform day on Friday 17<sup>th</sup> March for a £1 contribution. We also have an online Red Nose Day donation page set up for our school through ParentPay, which can be found at

<https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=10319>.

## Sponsored Read

During the last week of this term, we will be taking part in a Sponsored Readathon, competing against some other Bracknell schools to see who reads the most. There will be sponsor forms sent out nearer the time, along with a reading chart so you can record how much your child reads over the week. This is a GREAT way to encourage reading at home, while raising valuable funds for our school to buy new books for our library!



## Attendance Matters

If your child is too unwell to attend school, **you must notify the school office either by telephone (option 1) or email before 8.45am**. If you do not do this, they will be recorded as missing and the office will be forced to chase you to find out where your child is, which could delay our response to a genuinely missing pupil. Please play your part in helping to keep all of our children safe.

If you do need to request a leave of absence please make sure you have completed and returned a leave of absence form to Miss Best in the school office. Please remember that holidays during term time are not authorised and any holiday taken during term time will be recorded as an unauthorised absence.

Wishing you all a relaxing weekend.



**Richard Ferris**  
Headteacher



### Attendance Stars

Classes with the highest attendance this week:

- 1<sup>st</sup> Place – Falcons (99.2%)
- 2<sup>nd</sup> Place – Hawks (95.6%)
- 3<sup>rd</sup> Place – Panthers (95.0%)



### House Points Winner This Week

The house points have been totalled up and the winning house this week is

**SAPPHIRE**

with 212 house points.

Well done to all in Sapphire House – GREAT work!



### Bracknell Forest Library Events

There are many events across all the local libraries suitable for children of all ages. Here is a selection which may be of interest to our families.

- Tots' Time at Great Hollands Library – Fridays 10.30-11.30am, Cost: £1.50
- Lego Club at Bracknell Library (children must be accompanied by an adult) – Saturdays 10.00am-12.00pm, Cost: Free
- A Knight's Journey Workshop at Bracknell Library – Saturday 25<sup>th</sup> March 11.30am-12.30pm, Cost: Free

For a full list of library events and to book a space on them, please visit the [Library Events](#) page on the Bracknell Forest Website.

### Support for Fussy Eaters

Introducing your child to new and unfamiliar foods can be a struggle. Many children go through a stage of 'fussy eating' as part of their normal development. They may refuse to taste food that looks 'different', either in colour, shape or texture.

Berkshire Healthcare NHS Foundation Trust have produced a booklet packed with helpful advice to help a child accept new foods. The booklet can be found online at:

<https://cypf.berkshirehealthcare.nhs.uk/media/109514148/fussy-eating-booklet.pdf>

### Solihull Approach Parenting Courses

Frimley Health and Care ICS have partnered with the Solihull Approach to sponsor FREE online courses developed by psychologists and professionals for residents of Frimley, Bracknell and surrounding areas.

These courses are designed to help you understand your child's feelings, as well as focus on your own feelings as you go through life as a family. They don't tell you how to parent, that is up to you. Instead, they give you a framework for understanding what might be going on and space to think about how you want to respond.

For information or to book your place, visit: <https://solihullapproachparenting.com/online-courses-frimley/>

**Thinking and Learning Together**  
**Achieving Forever**

<b>Helping children to overcome anxious thoughts and worries</b> <i>A 2-hour session looking at</i>		
<ul style="list-style-type: none"> <li>• What happens when children become anxious</li> <li>• The impact that current events have had on children's mental health</li> <li>• Techniques for helping children deal with their fears / worries</li> </ul>		
Anxiety 9 <b>11 spaces</b>	Monday 20 <sup>th</sup> March 2023 @ Bracknell Open Learning Centre	6.30 – 8.30
Anxiety 8 <b>14 spaces</b>	Tuesday 28 <sup>th</sup> March 2023 @ Bracknell Open Learning Centre	9.30 – 11.30
Anxiety 10 <b>16 spaces</b>	Monday 12 <sup>th</sup> June 2023 @ Bracknell Open Learning Centre	8.30 – 9.30
<b>Managing Behaviour in a Positive Way</b> <i>A 2-hour session looking at</i>		
<ul style="list-style-type: none"> <li>• Gain insight into your own parenting style / relationship with your child</li> <li>• Learn or revisit positive ways of managing behaviour</li> <li>• Strategies to deal with unacceptable behaviours</li> </ul>		
MB26 <b>10 spaces</b>	Monday 13 <sup>th</sup> March 2023 @ Bracknell Open Learning Centre	9.30 – 11.30
MB27 <b>7 spaces</b>	Thursday 30 <sup>th</sup> March 2023 @ Bracknell Open Learning Centre	6.30 – 8.30
MB28 <b>16 spaces</b>	Thursday 8 <sup>th</sup> June 2023 @ Bracknell Open Learning Centre	9.30 – 11.30
<b>Supporting Children to get a Healthy Night's Sleep</b> <i>A 2-hour session looking at</i>		
<ul style="list-style-type: none"> <li>• The different sleep issues facing our families</li> <li>• Tips on how to get a good night's sleep.</li> <li>• Help children develop good sleeping habits</li> </ul>		
Sleep	Wednesday 26 <sup>th</sup> April 2023 @ Bracknell Open Learning Centre	6.30 – 8.30 pm
<b>Parenting pre / early-teens in a Positive Way (aged 10 – 13)</b> <i>A 2-hour session looking at</i>		
<ul style="list-style-type: none"> <li>• Gain insight into the impact of your parenting style (positive &amp; negative)</li> <li>• Positive techniques for managing older children's behaviour</li> <li>• Boosting your relationship and communication with your child</li> </ul>		
Teens	Monday 24 <sup>th</sup> April 2023 @ Bracknell Open Learning Centre	9.30 – 11.30

<b>Reducing Sibling Rivalry</b> <i>A 2-hour session looking at</i>		
<ul style="list-style-type: none"> <li>• Encouraging a more harmonious sibling relationship</li> <li>• Learn / revisit techniques for children to cope with being a sibling</li> <li>• Boosting children's emotional literacy</li> </ul>		
Sibling D <b>5 spaces</b>	Wednesday 15 <sup>th</sup> March 2023 @ Bracknell Open Learning Centre	6.30 – 8.30 pm
Sibling E <b>15 spaces</b>	Thursday 25 <sup>th</sup> May 2023 @ Bracknell Open Learning Centre	9.30 – 11.30 am
<b>Single Parent, Separated and Blended families – supporting children to cope with different family dynamics</b> <i>A 2-hour session looking at</i>		
<ul style="list-style-type: none"> <li>• Different family dynamics and how they can work</li> <li>• Parental conflict resolutions</li> <li>• Being the best parent that you can be for your child</li> </ul>		
Families 4 <b>13 spaces</b>	Monday 27 <sup>th</sup> March 2023 @ Bracknell Open Learning Centre	9.30 – 11.30 am
<b>Supporting a smooth transition to secondary school (YR 5/6 parents)</b> <i>A 2 hour session looking at</i>		
<ul style="list-style-type: none"> <li>• What the transition involves</li> <li>• The positives and concerns of transitioning to a new setting</li> <li>• Boosting your child's ability to have a smooth transition</li> </ul>		
Transition 1 <b>1 space</b>	Wednesday 10 <sup>th</sup> May 2023 @ Bracknell Open Learning Centre	9.30 – 11.30 am
Transition 2 <b>6 spaces</b>	Wednesday 17 <sup>th</sup> May 2023 @ Bracknell Open Learning Centre	6.30 – 8.30 pm
Great Hollands Course	Wednesday 24 <sup>th</sup> May 2023 @ Great Hollands (Great Hollands Parents ONLY)	9 – 11 am
Transition 3 <b>15 spaces</b>	Tuesday 6 <sup>th</sup> June 2023 @ Bracknell Open Learning Centre	9.30 – 11.30 am

### Supporting Your Children Workshops

To book a space please email your name, school, and contact number to  
[Inge.Taylor@bracknell-forest.gov.uk](mailto:Inge.Taylor@bracknell-forest.gov.uk)

Courses are for adults supporting children **not** the children themselves  
Each course is a **standalone 2-hour session**

Please be aware that spaces are offered on a **first come first served basis**

Courses are delivered face to face, and you will be asked to complete an enrolment form prior to the start of the session – your space will then be confirmed.

If you would like to put your name on the waiting list for any of the sessions, please let me know on the above email address and I will let you know when additional sessions are confirmed.

Please only book onto the sessions if you are **going to be able to attend** to avoid other parents missing out on the opportunity to have a place