



GREAT HOLLANDS

PRIMARY SCHOOL

Headteacher: Richard Ferris

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Dear Parents and Carers

As part of our Personal Development Curriculum, we follow a Personal, Social and Health Education Programme across our school called Jigsaw.

The lessons since September, have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way.

In the second half of the summer term, the children complete the unit entitled 'Changing Me.'

The Changing Me unit includes, in every year group, 2 or 3 lessons to help children understand how we change as we grow. In some years this includes the changes puberty brings and how human reproduction happens.

We know that our children need to be fully prepared and understand what will happen to them physically and emotionally as they grow. There is a very serious aspect to this work to ensure our children can keep themselves safe from abuse.

For your reassurance, the younger year groups are not looking at these issues directly and explicitly but rather doing the foundation work for later year groups, for example by understanding which parts of the body are private. Years 4, 5 and 6 look more fully at puberty and human reproduction at an age-appropriate level building up understanding over these years.

The table at the end of this letter gives an overview of how our Sex Education work builds over time.

If you would like to view any of the resources that will be shown to your child, please arrange an appointment with myself via the school office. Appointments are available between 3:30 and 4:30 each afternoon the week beginning **Monday 12th June 2023**.

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

However, we do as always want to work in partnership with parents and carers, and also wish to inform you of your legal right to withdraw your children from some limited aspects of this work. Any topics highlighted in red in the table below are the topics that you are able to withdraw your child from.

If you wish to withdraw your child from these lessons, please do so in writing to the headteacher by **Friday 16th June 2023**.

Please do not hesitate to get in contact with either myself or your child's class teacher to discuss any queries further.

I hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children, helping to safeguard them, and will look forward to sharing them with you and answering any questions you may have.

Yours sincerely

Mrs Horne
Personal Development Lead



Sex Education Overview in the Jigsaw Scheme

Year	Coverage
EYFS	<ul style="list-style-type: none"> • Growing up: how we have changed since we were babies
1	<ul style="list-style-type: none"> • Growing up: how we have changed since we were babies • Boys' and girls' bodies; naming body parts
2	<ul style="list-style-type: none"> • Understanding that growing and changing is natural and happens to everybody at different rates. • Appreciating the parts of the body that make us different and using the correct names for them. • Where am I on the journey from young to old and what changes can I be proud of? • Differences between boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is)
3	<ul style="list-style-type: none"> • How our bodies need to change so that they can make babies when we grow up – outside and inside changes and how we feel about them. • How babies grow and how boys' and girls' bodies change as they grow older <i>Animations used – shorter version Female and Male Reproductive Systems.</i>
4	<ul style="list-style-type: none"> • The choice to have a baby, the parts of men and women that make babies. • How a girl's body changes so that she can have a baby when she is an adult, including menstruation. • Internal and external reproductive body parts, body changes in girls and menstruation • *In simple terms how conception happens. • <i>Animations used – the Female Reproductive System and the Male Reproductive System</i>
5	<ul style="list-style-type: none"> • Puberty for boys and girls, physical changes and how we feel about them. • The importance of looking after yourself. • Developing understanding and changes for both sexes – reassurance and exploring feelings. • *Understanding the place of sexual intercourse in a relationship and how it can lead to conception and the wonder of a new life. • <i>Animations used – the Female and Male Reproductive Systems. DVD – Channel 4 learning Living and Growing.</i>
6	<ul style="list-style-type: none"> • Consolidating understanding of physical and emotional changes and how they affect us. • A chance to ask questions and reflect (single sex). • *The story of pregnancy and birth • <i>Animations used – the Female and Male Reproductive Systems.</i>