



Berkshire Healthcare Children, Young People and Families services

Neurodiversity Service (Autism Assessment Team and ADHD Team)



Support from others who share similar experience

Hope during difficult times that it can, and will get better

Resources to help your child

Online private, and accessible anywhere, anytime

Network to share experiences and connect with others

SHaRON is an online support network which connects parents to each other and to professionals. You can safely post anonymously, access resources, share successes and give and receive support.

SHaRON (Jupiter) supports parents/carers of neurodivergent children at any point in their journey before and after assessment for autism and/or ADHD.



sharon.jupiter@berkshire.nhs.uk

If you are interested in joining, please email us and include your name, your child's name, and your contact details in the email.