



GREAT HOLLANDS

PRIMARY SCHOOL

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Dear Parents/Carers of Children in Years 5&6

RE: NSPCC's *Speak out. Stay safe.* online programme September 2023

This month we will be participating in the **NSPCC's *Speak out. Stay safe.*** online programme. This consists of an online video and supporting classroom-based activities. *Speak out. Stay safe.* is a safeguarding programme available to all primary schools in the UK and Channel Islands. It aims to help children understand abuse in all its forms and to recognise the signs of abuse in a child friendly way. Children are taught to speak out if they are worried and to share with a safe and trusted adult.

In the online video, the *Speak out. Stay safe.* messages are delivered in a fun and interactive way with the help of their mascot Buddy as well as special guest appearances from Ant and Dec. Following on from the video, specially trained NSPCC volunteers will also be delivering a workshop to our Year 5/6 children that will build-on and deepen pupils' learning gained from the assembly.

The virtual assembly lets the children know what safe behaviours are and what are not by talking about the following.

- Bullying
- Neglect
- Physical abuse
- Sexual abuse
- Emotional abuse

If you would like to know more about the *Speak out. Stay safe.* programme you can find information on the NSPCC website www.nspcc.org.uk/speakout or you can watch the virtual assembly yourself here: <https://www.youtube.com/watch?v=HRSJ0U3xWM4>

Research has shown that children at primary school need to know what abuse is so that they can keep themselves and their friends safe.

We will be watching the video in class this week on Thursday or Friday and the NSPCC team will be in school on Tuesday next week for the follow up session. If you would like to discuss this further, please speak to your child's class teacher before Thursday morning.

Yours sincerely

Great Hollands Primary School



Additional resources for you at home

Talking PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse.

From P through to S, each letter of PANTS provides a simple but important message that can help keep children safe. You can find out more and download the free resources at www.nspcc.org.uk/pants.

What are the PANTS rules?



Privates are private	+
Always remember your body belongs to you	+
No means no	+
Talk about secrets that upset you	+
Speak up, someone can help	+

Penguin and Ladybird have partnered with the NSPCC to create a Pantosaurus book aimed at children aged 4 - 8. You can find copies of the new book on sale at <https://shop.nspcc.org.uk/> or in Matalan's selected stores. All profits from the sale of this book will support the NSPCC.

