



GREAT HOLLANDS

PRIMARY SCHOOL

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@MEGreatHollands

January 2025

Dear Parents and Carers,

RE: Healthy Eating, Healthy Lifestyle Project

We are very excited to have our Year 3's chosen to be one of the classes taking part in the Healthy Eating, Healthy Lifestyle Project. The project is being run by NHS East Berkshire, in collaboration with South Hill Park to promote the benefits of a healthy lifestyle through creative arts interventions.

The project will be taking place in school, apart from the first session which will be held at South Hill Park, Bracknell on **Friday 17th January**. This will introduce the project and allow the children to have an understanding about having a healthy lifestyle before the visual art sessions begin.

These sessions are offered **at no cost to parents**.

On Friday, we need to be at South Hill Park on time for the session to start at 9.00am and have organised a coach to transport the class there and back again. This does mean that we need to make sure all the children are in school a little earlier on the day.

We ask that all children in Falcons class are **in school no later than 8.30am** on Friday 17th January. They will come in through the Gold Hall entrance. The coach must leave promptly in order for us to get to South Hill Park on time and we will be unable to wait for any latecomers.

Please give consent for your child to attend via our online form here:

<https://forms.office.com/e/AcQH4n6Ecw>

Children will need to **come to school in their PE kits** (including jumpers and tracksuit bottoms due to the cold weather). We will remind the children to bring their PE kit home on Thursday. They will also need to bring a water bottle.

There will be no need for the children to bring their school bags with them on Friday, just their packed lunch boxes if they don't have a school meal. We will be back at school in plenty of time for lunch.

We are very sorry for the late notice for this event but have been waiting for confirmation from the NHS provider – which we have only just received and we're really looking forward to taking part in this project, even with the late notice! if you have any questions, please do come and speak to me.

Kind regards

Mrs Andrew

Year 3 Class Teacher



Aim High



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