

September 2025

Dear Parents and Carers

Breaktime Bagels – Year 3 and 4

Our school is part of a scheme which helps further support our families in this time of increasing costs.

The National School Breakfast Programme is funded by the Department for Education and run by Family Action to support schools in England to provide children with a healthy option for the school day.

This enables us to provide bagels at breaktime as an option for all our children in Years 3 and 4.

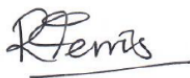


During Key Stage 1, children receive fruit at their breaktimes as their healthy snack, but as you will be aware, this does not continue into Key Stage 2. We offer the children the opportunity to have bread-based snack at breaktime. Currently the offer is for bagels.

Please see the attached allergen sheet for your information.

If you **do not** wish for your child to be offered this breaktime snack, or if they are allergic to any of the ingredients, please speak with your child's class teacher or email the school office at ghpsoffice@maidenerleghtrust.org

Kind regards



Mr R Ferris
Headteacher



<p style="text-align: center;">New York Bakery® Bagels (Fresher for Longer)</p>			
Ingredients	Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sugar, Spirit Vinegar, Yeast, Maize, Salt, Rapeseed Oil, Preservative (Calcium Propionate), Malted Barley Flour, Cultured Dextrose, Flour Treatment Agent (Ascorbic Acid).		
Allergens	Wheat flour (gluten), Malted Barley Flour (gluten)		
Advisory Note	May also contain traces of sesame. Contains yeast.		
Good to know	Suitable for Vegetarians and Vegans. Free from artificial colours and flavours. Made on a nut-free site.		
Nutritional Information			
Typical values	Per 100g	Per 85g bagel (1 serving)	% of Reference Intake (RI) per serving
Energy	1121 kJ	953 kJ	11%
	264 Kcal	224 Kcal	11%
Fat of which saturates	1.4g	1.2g	2%
	0.3g	0.2g	1%
Carbohydrates of which sugars	51.6g	43.8g	-
	5.7g	4.9g	5%
Fibre	2.6g	2.2g	-
Protein	10.0g	8.5g	-
Salt	0.8g	0.7g	12%